

Hibiscus Iced Tea

4 ingredients · 30 minutes · 2 servings



Directions

1. Bring the water to a boil and steep the hibiscus tea for about 10 minutes.
2. Mix in the reishi powder, if using, and stir vigorously to combine. Add the tea to a pitcher and refrigerate until cold.
3. Divide the ice cubes between glasses and pour the chilled tea overtop. Garnish with mint, if using. Enjoy!

Notes

Leftovers

Refrigerate in an airtight container for up to three days.

Likes it Sweet

Add sweetener of choice to taste.

Additional Toppings

Add crushed or smashed raspberries.

Ingredients

3 cups Water

1 tbsp Hibiscus Tea (loose leaf)

2 grams Reishi Powder (optional)

1/4 cup Mint Leaves (optional)